

DIRECTIONS

From Birmingham: Take I-65 N to Hwy 157 (Cullman Exit 310). Take Hwy 157W to Muscle Shoals. Turn right on Hwy 43N (Woodward Ave) and continue through Muscle Shoals. At intersection of Jackson Highway, merge right at the Webster Hotel and follow signs to Florence. Cross the Tennessee River (O'Neal Bridge), merge to the right and turn left onto 20W (Savannah Hwy). McFarland Park will be on the left.

McFarland Park is located on the north side of the Tennessee River and on the west side of O'Neal Bridge. Detailed maps of the Shoals area and lists of other W.C. Handy Musical Festival events can be found on the www.wchandymusicfestival.org website.

W.C. HANDY FESTIVAL

The Festival is a weeklong celebration of the life and music of W.C. Handy, "Father of the Blues," who was born in Florence. Rated as one of the top 100 events in the nation, the Festival is an excellent time to relax and enjoy the blues from leading musicians. A schedule of events is available at many local establishments or the Kennedy Douglass Center located at 217 E. Tuscaloosa in Florence or visit

www.wchandymusicfestival.org



W. C. Handy Bicycle Ride
P.O. Box 1827
Florence, Alabama 35631



26th
ANNIVERSARY

THREE STATE BIKE RIDE



21, 39, 61, 70, 100
and 107 mile options!!!

SATURDAY
JULY 31, 2010

Florence, Alabama

ENTRY FEE

\$30 per Rider
(\$35 after July 20th)

This fee covers T-shirt, aid stations, map, and food & refreshments after the ride.

Make checks payable to "Music Preservation Society" and mail to W.C. Handy Bicycle Ride at P.O. Box 1827, Florence, Alabama 35631 or pay at registration booth on the day of the ride. Registration forms may also be hand delivered to the Kennedy Douglass Center at 217 E. Tuscaloosa, Florence, Alabama.

Or Register on Active.com
Search "Handy"

THE ROUTE

The Handy Ride route starts at McFarland Park in Florence and proceeds two miles on Highway 20 to County Road 2. Riders will follow CR 2 westbound 15 miles to the Natchez Trace Parkway, on which they will proceed south across the Tennessee River to the first aid station at Colbert Ferry. From here the route continues south on the Trace, to the Bear Creek aid station, and then on to the Mississippi state line. There riders will turn around and return northbound, continuing beyond the Tennessee state line to the aid station at Cyprus Creek. Riders will then return south to CR 2 and back to McFarland Park. This will be a 107-mile ride on rolling and flat roads. Shorter distance options are available by riding out-and-back to one or more of the four aid stations.

APPLICATION & WAIVER FORM

*Handy Ride T-shirt guaranteed to those pre-registered/postmarked by July 20.
First come first serve on day of ride.*

Circle shirt size: S M L XL

Planned Ride Distance: _____

Name: _____

Address: _____

City/ST: _____

Zip: _____

Phone: _____

In consideration for being accepted to participate in the ride, I, the undersigned agree to be legally bound hereby for myself, heirs, executors, and administrators, and do waive and release all rights and claims for damages that I may have against the ride sponsors or organizers, their officials, representatives, successors, and assigns, for any and all injuries suffered by me in this event. I understand the dangers inherent in riding a bicycle on public roadways and verify that I am physically fit and have sufficiently trained for this event. Further, I hereby do grant the Music Preservation Society, Inc., permission to use any photographs, videotapes, motion pictures, recording or any other record of this event for any legitimate purpose.

Applicant Signature _____

Date _____

Parent/Guardian (if rider is under 19)

Contact in Case of Emergency

Name: _____

Phone: _____

Relationship: _____



RIDE START TIME & LOCATION

Registration booth will be open at 6 am at McFarland Park in Florence. **Mass Start at 7:15 a.m.** (Riders will not be allowed to leave before the mass start!) Aid stations will open at 7:30 a.m. and close at 3 p.m. Route closes at 4 p.m.

This is a ride, not a race. All traffic rules and signs are to be obeyed. All riders must wear helmets.

ACCOMMODATIONS & QUESTIONS

- Email info@handy100.com
- Handy Festival Office (256) 766-7642
- Florence/Lauderdale Tourism at (256) 740-4141 or (888) 356-8687
- Colbert County Tourism (256) 383-0783
- Shoals Cycling Club
www.shoalscyclingclub.org

There are many great ride options!
Visit the website for detailed route maps.

www.Handy100.com